

## PROFESSIONAL SUPERVISION – FOSTERING CRITICAL REFLECTION FOR ADVANCED NURSING PRACTICE - A SHORT COURSE



Reflective practice and critical thinking are now recognised as essential for the complexity of 21st century nursing. This two-day block course provides a 'tool-kit', equipping nurses with a framework and key communication skills to provide professional supervision.

### OUTCOMES

Following participation in this course, you will be able to:

- Discuss the role of critical reflection in supervision
- Explore the functions of supervision
- Demonstrate key communication skills that encourage reflective practice
- Identify the scope, limitations and boundaries of the supervisory role
- Identify the importance of Kaupapa Maori supervision and cultural supervision
- Cultivate the optimum 'climate' for supervision
- Outline the significance of professional regulation to supervision

### ABOUT THE FACILITATOR

Catherine Cook RN, PhD, M. Counselling

Catherine has a strong interest in the human factors in healthcare and the role of critical reflection in enhancing communication. She provides professional supervision to a range of health professionals as part of her consultancy work through Massey University. Her commitment to adult teaching and learning principles ensures that this short course provides an engaging and supportive environment full of practice opportunities.

### COURSE SCHEDULE

This is a two-day block course of 22 hours of professional development. A Certificate of Participation indicating the completion of 22 hours will be issued after the short course.

### 2015 COURSES

9.00am – 4.30pm Thursday, Friday 23 – 24 April	Cost: \$430 plus GST
Wharerata Function Centre, University Avenue, Massey University, Palmerston North campus	
9.00am – 4.30pm Monday, Tuesday 8 – 9 June	Cost \$430 plus GST
Executive Seminar Suite, Massey University, Wellington campus	
9.00am – 4.30pm Monday, Tuesday 12 – 13 October	Cost \$430 plus GST
Seminar Room, Library, Massey University, Albany campus, Auckland	

### FOR FURTHER INFORMATION

For more information and to register your interest in this course, please contact:

Anne-Marie Ngan, Programme Coordinator, Professional Development. PaCE, Massey University

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