

Working with Men for Healthy Behaviour

Garth Baker works with men to promote healthy behaviour, especially to prevent violence.

Consultancy

- Designing effective programmes and services.
- Researching options, including consulting all those involved.
- Facilitating positive training experiences.

Workforce initiatives

Garth has designed a range of initiatives to work effectively with men. This work has involved him working with different cultural groups. He's designed an innovative behaviour-change programme for Tongan men using family violence, which is based on traditional Tongan cultural values. He's also developed an approach that NZ Police are using with Pacific Police-forces to develop more positive gender attitudes. This project involved facilitating a training workshop and he's also trained male health educators in Papua New Guinea.

Garth has also delivered training workshops to public servants about primary prevention of violence, and he's designed and managed a range of innovative violence prevention projects.

He is a keen cyclist, walker and traveler. He lives in top of a Wellington hill with his long-time partner, and enjoys planting native trees and keeping bees.

Contact Us:

To find out more or to organise a workshop contact:



Garth Baker

Telephone +64 4 475 9406 ★ Mobile +64 27 3577901 ★ Web www.gmr.net.nz
54 Highbury Rd, Wellington 6012, New Zealand



BUSINESS CHALLENGE

Creating healthy workplace environments by responding to the unique gender and cultural issues affecting men.

VITAE SOLUTION

Developing a wellbeing service in partnership with Gray Matter Research that ensures advice, training and support are accessible to Vitae customers.

BUSINESS BENEFITS

- Targeted response to gender and cultural issues
- Creates new opportunities.
- Brings alive goals and mission statements
- Improving workplace culture



Garth Baker,
Director Gray Matter Research