



Vitae Community Workshops

Kia ora koutou and welcome

Please see below our Community Workshops schedule for 2020. The venues will be advised at a later date and we suggest you book early as they tend to fill quite quickly once our flyers go out. Cost: \$100/person/session plus GST

For information and registrations please email Workshops@vitae.co.nz

Date	Location	Time	Topics
March	17 Palmerston North	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
April	7 Auckland	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	15 Wellington	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	21 New Plymouth	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
May	19 Rotorua	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	20 Whakatane	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	26 Hamilton	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	27 Tauranga	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
June	2 Hastings	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work
	10 Lower Hutt	10.30 - 12.00	Mental health awareness and building resilience
		1.00 - 2.30	Building a positive environment at work